

Emergency Action Plan



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Emergency Action Plan

Emergency situations may arise anytime during athletic events. Expedient action must be taken in order to provide the best possible care to the sport participant in emergency and/or life threatening conditions. The development and implementation of an emergency plan will help ensure that the best care will be provided.

As emergencies may occur at anytime during an activity, the Sports Medicine Department and Athletic Staff must be prepared. Athletic Organizations have a duty to develop an emergency plan that may be implemented immediately when necessary and to provide appropriate standards of emergency care to all sports participants. As athletic injuries occur at any time and during any activity, the Sports Medicine Team must be prepared. This preparation involves formulation of an emergency plan, proper coverage of events, maintenance of appropriate medical emergency equipment and supplies, utilization of appropriate medical emergency personnel, and continuing education in the area of emergency medicine and planning. Hopefully, through careful pre-participation physical screenings, adequate medical coverage, safe practice and training techniques, and other safety avenues, some potential emergencies may be averted. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the Sports Medicine Team should enable each emergency situation to be managed appropriately.

Components of the Emergency Action Plan

1. Emergency Personnel
2. Roles of First Responder
3. Emergency Communication
4. Emergency Equipment
5. Emergency Transportation
6. Venue Directions with Map
7. Individual Sport EAPs
 - a. Practice Football Field
 - b. Louis Crews Football Stadium
 - c. Volleyball, Women's Basketball, Men's Basketball
 - d. Tennis
 - e. Baseball and Softball
 - f. Men's and Women's Soccer
 - g. Track/Cross Country
8. On-Field Emergency Protocol
9. Emergency Action Plan Checklist for non-medical emergency

Emergency Action Plan Personnel

During typical athletic practice or competition, the first responder to an emergency is typically a member of the Sports Medicine Staff, most commonly a Certified Athletic Trainer or Graduate Assistant. A team physician may not always be present at every organized practice or competition. The type and degree of sports medicine coverage for an athletic event may vary widely based on such factors as the sport or activity, the setting, the type of training or competition. The first responder in some situations may be a coach or other institutional personnel.

Roles of the First Responders

The development of an emergency action plan cannot be complete without the formation of an emergency team. The emergency team may consist of a number of healthcare providers including physicians, emergency medical technicians, certified athletic trainers, graduate student athletic trainers, student athletic trainers, coaches, managers, and possibly bystanders. Roles of these individuals within the emergency team may vary depending on various factors such as the number of members of the team, the athletic venue itself, or the preference of the Head Athletic Trainer. There are four basic roles within the emergency medical team.

1. The first and most important role is establishing safety of the scene and immediate care of the athlete. Acute care (immediate care) should be provided by the most qualified individual on the scene. Individuals with lower credentials should yield to those with more appropriate training.
2. EMS activation may be necessary in situations where emergency transportation is not already present at the sporting event. This should be done as soon as the situation is deemed an emergency or a life-threatening event. Time is the most critical factor under emergency conditions. Activating the EMS system may be done by anyone on the team. However, the person chosen for this duty should be someone who is calm under pressure and who communicates well over the telephone. This person should also be familiar with the location and address of the sporting event.
3. Equipment retrieval may be done by anyone on the emergency team who is familiar with the types and locations of the specific equipment needed. Graduate student athletic trainers, student athletic trainers, managers, and coaches are good choices for this role.
4. Directing EMS to the scene is the fourth role. One member of the team should be responsible for meeting emergency medical personnel as they arrive at the site of the emergency. Depending on the ease of access, this person should have keys to any locked gates or doors that may slow the arrival of the medical personnel. A student athletic trainer, manager, or coach may be appropriate for this role.

Making the Call:

- ° **Notify Campus Police at 372-5555**

Providing Information

- ° **name, address, telephone number of caller**
 - ° **nature of emergency, whether medical or non-medical**
 - ° **number of athletes injured**
 - ° **Condition of athletes (breathing, not breathing, pulse, no pulse, bleeding, conscious, unconscious)**
 - ° **First Aid treatment initiated by first responder (blood control, rescue breathing, CPR, etc)**
 - ° **Specific directions as needed to location of injured athlete (see individual sport EAP)**
 - ° **Other information requested by dispatcher**
-

Emergency Communication

Communication is key to quick emergency response. Athletic trainers and emergency medical personnel must work together to provide the best emergency response capability and should have contact information such as telephone tree established as part of pre-planning for emergency situations. Communication prior to the event is a good way to establish boundaries and to build rapport between both groups of professionals. If emergency medical transportation is not available on site during a particular sporting event, then direct communication with the emergency medical system at the time of the injury or illness is necessary.

Access to a working telephone or other telecommunication device, whether fixed or mobile, should be assured. The communications system should be checked prior to each practice or competition to ensure proper working order. A back-up communication plan should be in effect should there be failure of the primary communication system. The most common method of communication is a public telephone. However, a cellular phone is preferred if available. At any athletic venue, whether home or away, it is important to know the location of a workable telephone. Pre-arranged access to the phone should be established if not easily accessible.

Emergency Equipment

All necessary emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of each type of emergency equipment. Equipment should be in good operating condition, and personnel must be trained in advance to use it properly. Emergency equipment available should be appropriate for the level of training for the emergency medical providers. Creating an equipment inspection log book for continued inspection is strongly recommended. It is recommended that a few members of the emergency team be trained and responsible for the care of the equipment.

It is important to know the proper way to care for and store the equipment as well. Equipment should be stored in a clean and environmentally controlled area. It should be readily available when emergency situations arise.

Medical Emergency Transportation

Emphasis is placed at having an ambulance on site at high risk sporting events. EMS response time is additionally factored in when determining on site ambulance coverage. The athletic department coordinates on site ambulances for competition in football. Ambulances may be coordinated on site for other special events/sports such as for conference tournaments. Consideration is given to the capabilities of transportation service available (i.e. basic life support and advanced life support) and the equipment and level of trained personnel on board the ambulance. In the event that an ambulance is on site, there should be a designated location with rapid access to the site and a cleared route for entering/exiting the venue.

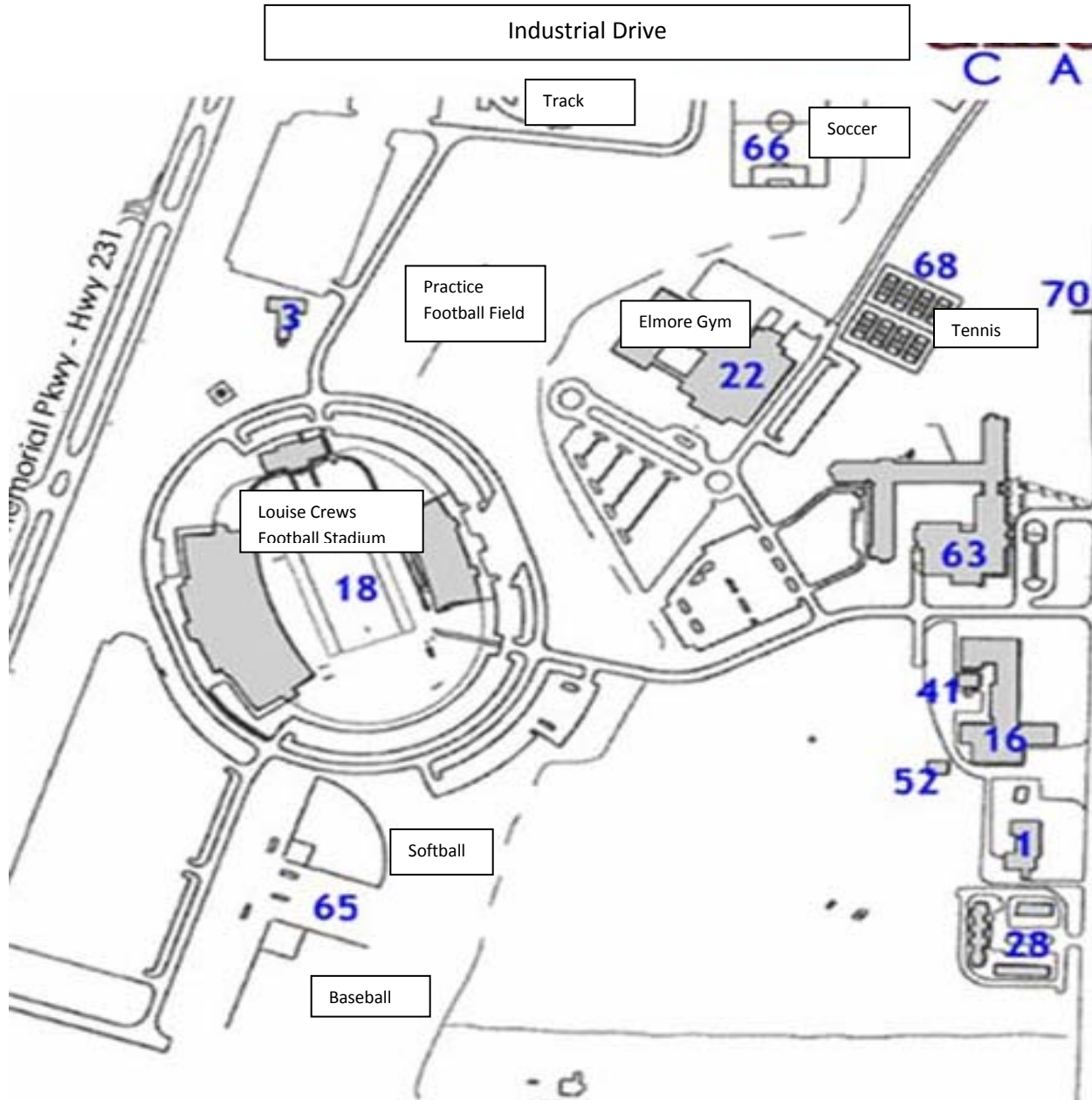
In the medical emergency evaluation, the primary survey assists the emergency care provider in identifying emergencies requiring critical intervention and in determining transport decisions. In an emergency situation, the athlete should be transported by ambulance, where the necessary staff and equipment is available to deliver appropriate medical care. Emergency care providers should refrain from transporting unstable athletes in inappropriate vehicles. Care must be taken to ensure that the activity areas are supervised should the emergency care provider leave the site in transporting the athlete. Any emergency situations where there is impairment in level of consciousness (LOC), airway, breathing, or circulation (ABC) or there is neurovascular compromise should be considered a “load and go” situation and emphasis placed on rapid evaluation, treatment and transportation. In order to provide the best possible care for Alabama A&M Athletics, all athletes should be transported to Huntsville Hospital.

Non-Medical Emergencies

For the following non-medical emergencies; fires, bomb threats, severe weather and violent or criminal behavior, refer to the emergency action plan checklist for the particular sport and follow the instructions.

Venue Directions with Map

For Alabama A&M Athletic Facilities, the following directions will be used when activating EMS. Take Memorial Parkway North past Louis Crews Football Stadium. Make a right onto Industrial Drive (first right past football stadium). Then follow the specific directions for your particular sport. The layout of the Alabama A&M Athletic Facility is:



EMERGENCY ACTION PLAN

FOOTBALL PRACTICE FIELD

EMERGENCY PERSONNEL: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

EMERGENCY COMMUNICATION: Cell phones provided by the certified athletic trainers or coaches will be used.

EMERGENCY EQUIPMENT: First aid supplies (athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces). The crutches, braces, and immobilizers can be found in the athletic training room located in the Council Training Building. Epipens are located in the training room, or in the athletic trainer's kit. The automatic defibrillator is located on the football field during all practices and games.

ROLES OF EMERGENCY CARE TEAM MEMBERS:

1. Immediate care/assessment of injured/ill student-athlete.
2. Emergency equipment retrieval (appropriate for the emergency)
3. Activate the emergency medical system by calling 372-5555(campus security).
 - a. Identify yourself and your role in the emergency.
 - b. Specify the location and telephone number you are calling from
 - c. Give name of injured individual and approximate age.
 - d. Give the condition of the victim
 - e. Give an approximate time of the incident/accident
 - f. Tell the care that is being provided
 - g. Give specific directions to the football practice field. (For HEMSI—turn right on Memorial Pkwy N, Turn R on Industrial Drive, make first right by women's soccer field onto campus. Follow road to stop sign. Make a left at stop sign. Practice football field is located on the left side of the road.
 - h. Open appropriate gates (Gate located at the South end of the practice field by storage shed and football stadium)

- i. Assign an individual (a coach, assistant coach, student trainer, other member of the team) to “flag down” EMS and direct them to the scene.

STORM SAFETY LOCATION: In the event of lightening or severe thunderstorm warnings, move all individuals from the practice football field to Elmore Gymnasium Locker Room. All Coaches will evacuate to Hobson Field House to their offices. **The tower located on the practice football field is not a safe storm location for the practice football field facility.** In the event of a campus lock down due to **criminal activity**, all athletes are to report to their locker rooms until the all clear signal is given by campus security or another university official.

EMERGENCY PHONE NUMBERS

EMERGENCY NUMBER: 911

UNIVERSITY POLICE: 372-5555

TEAM PHYSICIAN: DR. GRECO 256-539-2728

DR. DAVIS: 256-539-2728

SPORTS MEDICINE STAFF

JESSIE ZUCNICK, HEAD ATHLETIC TRAINER- 256-507-4742

***MICHAEL DYE, ASSISTANT ATHLETIC TRAINER (Football)-561-352-0448**

*** Bryson Moore, Football/Men’s Basketball GRADUATE ASSISTANT- 435-817-5866**

***Nicole Walkup, GRADUATE ASSISTANT-402-745-0144**

LAUREN SELF, GRADUATE ASSISTANT-205-613-2263

AISHA RUSSELL, GRADUATE ASSISTANT-410-322-6085

***AARON ELLIS, Football GRADUATE ASSISTANT-443-413-9999**

ATHLETIC TRAINING ROOM- 256-372-4011

*Denotes staff member most likely at this location.

EMERGENCY ACTION PLAN

FOOTBALL STADIUM

EMERGENCY PERSONNEL: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

EMERGENCY COMMUNICATION: Cell phones provided by the certified athletic trainers or coaches will be used.

EMERGENCY EQUIPMENT: First aid supplies (athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces). The crutches, braces, and immobilizers can be found in the athletic training room located in the Councill Training Building. Epipens are located in the training room, or in the athletic trainer's kit. The automatic defibrillator is located on the football field during all practices and games.

ROLES OF EMERGENCY CARE TEAM MEMBERS:

1. Immediate care/assessment of injured/ill student-athlete.
2. Emergency equipment retrieval (appropriate for the emergency)
3. Activate the emergency medical system by calling 372-5555. **During games, EMS will be on field.**
 - a. Identify yourself and your role in the emergency.
 - b. Specify the location and telephone number you are calling from
 - c. Give name of injured individual and approximate age.
 - d. Give the condition of the victim
 - e. Give an approximate time of the incident/accident
 - f. Tell the care that is being provided
 - g. Give specific directions to the football practice field. HEMSI will be present for all scheduled games. If football is practicing in the stadium or another event is taking place directions for HEMSI are: (make right on Memorial Pkwy N, make right on Industrial Drive (first right past football stadium), make right on Meridian St., Make right at first light (turning onto campus). Follow road to stop sign and continue straight into stadium.
 - h. Open appropriate gates (gate located on visitor's side of stadium leading onto the field in most cases)
 - i. Assign an individual (a coach, assistant coach, student trainer, other member of the team) to "flag down" EMS and direct them to the scene.

SAFETY LOCATIONS: In the event of lightening or severe thunderstorm warnings, move all individuals from the field to either Hobson Field House (home team) or visitor's locker room located on visitor's side of stadium. All spectators and fans should move to underneath the stadium on either the home or visitor's side of the stadium. In the event of a fire or bomb threat, the teams should vacate the field by exiting the stadium through Hobson Field House and exiting to the practice football field as to stay out of the way of the professionals. **The position coaches will be responsible for counting the players and making sure that everyone is accounted for.** In the event of a campus lock down due to **criminal activity**, all athletes are to report to their locker rooms until the all clear signal is given by campus security or another university official.

EMERGENCY PHONE NUMBERS:

EMERGENCY NUMBER: 911

UNIVERSITY POLICE: 372-5555

TEAM PHYSICIAN: DR. GRECO 256-539-2728

DR. DAVIS: 256-539-2728

SPORTS MEDICINE STAFF

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***AARON ELLIS, Football GRADUATE ASSISTANT-443-413-9999**

ATHLETIC TRAINING ROOM- 256-372-4011

*Denotes staff member most likely at this location.

EMERGENCY ACTION PLAN

VOLLEYBALL, WOMEN'S BASKETBALL, MEN'S BASKETBALL

EMERGENCY PERSONNEL: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

EMERGENCY COMMUNICATION: Cell phones provided by the certified athletic trainers or coaches will be used.

EMERGENCY EQUIPMENT: First aid supplies (athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces). The crutches, braces, and immobilizers can be found in the athletic training room located in the Elmore Gym Training Room. Epipens are located in the training room, or in the athletic trainer's kit. The automatic defibrillator is located on the stage in Elmore Gymnasium.

ROLES OF EMERGENCY CARE TEAM MEMBERS:

1. Immediate care/assessment of injured/ill student-athlete.
2. Emergency equipment retrieval (appropriate for the emergency)
3. Activate the emergency medical system by calling 372-5555 (Campus Security).
 - a. Identify yourself and your role in the emergency.
 - b. Specify the location and telephone number you are calling from
 - c. Give name of injured individual and approximate age.
 - d. Give the condition of the victim
 - e. Give an approximate time of the incident/accident
 - f. Tell the care that is being provided
 - g. Give specific directions to Elmore Gymnasium. HEMSI (make right on Memorial Pkwy N, make right on Industrial Drive (first right past football stadium), make right on Meridian St., Make first right (turning into back of gymnasium). Follow road to back door of gymnasium.
 - h. Open appropriate doors (back doors of gymnasium by will call table)
 - i. Assign an individual (a coach, assistant coach, student trainer, other member of the team) to "flag down" EMS and direct them to the scene.

SAFETY LOCATIONS: In the event of **severe weather** (tornadoes, hail storms, etc) move all individuals into gymnasium hallways and interior rooms and away from windows. In the event of a **fire**, have all athletes exit to the exterior of the gymnasium cross over the bridge and wait on the Men's Soccer field until the scene is safe. Have all spectators exit through the front of the gymnasium and wait in the parking lot until the scene is safe. **The Head Coach or Designee is responsible for counting the student athletes to make sure that all are accounted for.** In the event of a **bomb threat**, all athletes are again to exit the gymnasium through the back doors and wait on the soccer fields until an all clear signal is obtained and authorities have allowed re-entry into the building. In the event of a campus lock down due to **criminal activity**, all athletes are to report to their locker rooms until the all clear signal is given by campus security or another university official.

EMERGENCY PHONE NUMBERS

EMERGENCY NUMBER: 911

UNIVERSITY POLICE: 372-5555

TEAM PHYSICIAN: DR. GRECO 256-539-2728

DR. DAVIS: 256-539-2728

SPORTS MEDICINE STAFF

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AARON ELLIS, GRADUATE ASSISTANT-443-413-9999

ATHLETIC TRAINING ROOM- 256-372-4011

*Denotes staff member most likely at this location.

EMERGENCY ACTION PLAN

TENNIS

EMERGENCY PERSONNEL: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

EMERGENCY COMMUNICATION: Cell phones provided by the certified athletic trainers or coaches will be used.

EMERGENCY EQUIPMENT: First aid supplies (athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces). The crutches, braces, and immobilizers can be found in the athletic training room located in the Elmore Gym Training Room. Epipens are located in the training room, or in the athletic trainer's kit. The automatic defibrillator is located in Council Training Room in Assistant Athletic Trainer's office or on football practice field during football practice. A second defibrillator is located in Elmore Gymnasium on the stage.

ROLES OF EMERGENCY CARE TEAM MEMBERS:

1. Immediate care/assessment of injured/ill student-athlete.
2. Emergency equipment retrieval (appropriate for the emergency)
3. Activate the emergency medical system by calling 372-5555 (Campus Security).
 - a. Identify yourself and your role in the emergency.
 - b. Specify the location and telephone number you are calling from
 - c. Give name of injured individual and approximate age.
 - d. Give the condition of the victim
 - e. Give an approximate time of the incident/accident
 - f. Tell the care that is being provided
 - g. Give specific directions to the Tennis Courts. HEMSI (make right on Memorial Pkwy N, make right on Industrial Drive (first right past football stadium), make right onto Meridian St. Make first right onto AAMU campus heading toward back of Elmore Gymnasium. Tennis Courts are located on the left side of the road.
 - i. Assign an individual (a coach, assistant coach, student trainer, other member of the team) to "flag down" EMS and direct them to the scene.

STORM SAFETY LOCATION: In the event of severe weather or lightening, evacuate all athletes and coaches to Elmore Gymnasium until weather permits returning to the Tennis Courts. Visiting teams may choose to take shelter on their bus or in their vehicles until weather permits return to activity. In the event of a campus lock down due to **criminal activity**, all athletes are to report to the room behind the stage until the all clear signal is given by campus security or another university official.

EMERGENCY PHONE NUMBERS

EMERGENCY NUMBER: 911

UNIVERSITY POLICE: 372-5555

TEAM PHYSICIAN: DR. GRECO 256-539-2728

DR. DAVIS: 256-539-2728

SPORTS MEDICINE STAFF

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Nicole Walkup, GRADUATE ASSISTANT-402-745-0144

LAUREN SELF, GRADUATE ASSISTANT-205-613-2263

AISHA RUSSELL, GRADUATE ASSISTANT-410-322-6085

AARON ELLIS, GRADUATE ASSISTANT-443-413-9999

ATHLETIC TRAINING ROOM- 256-372-4011

***Denotes staff member most likely at this location.**

EMERGENCY ACTION PLAN

BASEBALL AND SOFTBALL FIELDS

EMERGENCY PERSONNEL: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

EMERGENCY COMMUNICATION: Cell phones provided by the certified athletic trainers or coaches will be used.

EMERGENCY EQUIPMENT: First aid supplies (athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces). The crutches, braces, and immobilizers can be found in the athletic training room located in the Councill Training Building. Epipens are located in the training room, or in the athletic trainer's kit. The automatic defibrillator is located in the athletic training room in the Councill Training Building in the Assistant Athletic Trainer's office or on the football field during football practices and games.

ROLES OF EMERGENCY CARE TEAM MEMBERS:

1. Immediate care/assessment of injured/ill student-athlete.
2. Emergency equipment retrieval (appropriate for the emergency)
3. Activate the emergency medical system by calling 372-5555 (Campus Security).
 - a. Identify yourself and your role in the emergency.
 - b. Specify the location and telephone number you are calling from
 - c. Give name of injured individual and approximate age.
 - d. Give the condition of the victim
 - e. Give an approximate time of the incident/accident
 - f. Tell the care that is being provided
 - g. Give specific directions to the baseball/softball field. (For HEMSI—turn right on Memorial Pkwy N, Turn R on Industrial Drive, make a right onto Meridian St. Turn right at traffic light onto AAMU campus. Go to stop sign and make a Left. Softball and baseball fields are on Left.)
 - h. Open appropriate gates (Softball-gate closest to stadium, Baseball- Gate on west side of field closest to Memorial Parkway)
 - i. Assign an individual (a coach, assistant coach, student trainer, other member of the team) to “flag down” EMS and direct them to the scene.

STORM SAFETY LOCATION: In the event of lightening or severe thunderstorm warnings, move all individuals to the stadium or Elmore Gymnasium. (keys to the stadium are located on the gator keychain) **Dugouts are not considered a safe location during severe weather.** Visiting team may seek shelter on their bus until weather permits returning to the field. In the event of a campus lock down due to **criminal activity**, all athletes are to report to Elmore Gymnasium by the baseball and softball coaches offices until the all clear signal is given. Athletes are not to attempt to enter campus or return to their dorms.

EMERGENCY PHONE NUMBERS

EMERGENCY NUMBER: 911

UNIVERSITY POLICE: 372-5555

TEAM PHYSICIAN: DR. GRECO 256-539-2728

DR. DAVIS: 256-539-2728

SPORTS MEDICINE STAFF

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Nicole Walkup, GRADUATE ASSISTANT-402-745-0144

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ATHLETIC TRAINING ROOM- 256-372-4011

***Denotes staff member most likely at this location.**

EMERGENCY ACTION PLAN

MEN'S & WOMEN'S SOCCER FIELDS

EMERGENCY PERSONNEL: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

EMERGENCY COMMUNICATION: Cell phones provided by the certified athletic trainers or coaches will be used.

EMERGENCY EQUIPMENT: First aid supplies (athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces). The crutches, braces, and immobilizers can be found in the athletic training room located in either Elmore Gym or the Councill Training Building. EpiPens are located in the training room, or in the athletic trainer's kit. The automatic defibrillator is located in the athletic training room in the Councill Training Building, in the Assistant Athletic Trainers office or on the football field during football practices and games. A second defibrillator is located in Elmore Gymnasium on the stage.

ROLES OF EMERGENCY CARE TEAM MEMBERS:

1. Immediate care/assessment of injured/ill student-athlete.
2. Emergency equipment retrieval (appropriate for the emergency)
3. Activate the emergency medical system by calling 372-5555(Campus Security).
 - a. Identify yourself and your role in the emergency.
 - b. Specify the location and telephone number you are calling from
 - c. Give name of injured individual and approximate age.
 - d. Give the condition of the victim
 - e. Give an approximate time of the incident/accident
 - f. Tell the care that is being provided
 - g. Give specific directions to the soccer field. (For HEMSI—turn right onto Memorial Pkwy N, Turn R on Industrial Drive, Drive past the women's soccer field and turn right into the field directly behind the women's soccer field. From there they will be able to access both soccer fields.)
 - h. Open appropriate gates (gate is located on the back side of the soccer fields where HEMSI enters)
 - i. Assign an individual (a coach, assistant coach, student trainer, other member of the team) to "flag down" EMS and direct them to the scene.

STORM SAFETY LOCATION: In the event of lightening or severe thunderstorm warnings, move all individuals to the lobby of Elmore Gym until weather permits returning to the field. **The shed located at the men's soccer field is not a storm safety location. Visiting teams may utilize their buses or vehicles until weather permits returning to the field.** In the event of a campus lock down due to **criminal activity**, all athletes are to report Elmore Gymnasium by their coach's office until the all clear signal is given by campus security or another university official.

EMERGENCY PHONE NUMBERS:

EMERGENCY NUMBER: 911

UNIVERSITY POLICE: 372-5555

TEAM PHYSICIAN: DR. GRECO 256-539-2728

DR. DAVIS: 256-539-2728

SPORTS MEDICINE STAFF

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AISHA RUSSELL, GRADUATE ASSISTANT-410-322-6085

AARON ELLIS GRADUATE ASSISTANT=443-413-9999

ATHLETIC TRAINING ROOM- 256-372-4011

*Denotes staff member most likely at this location.

EMERGENCY ACTION PLAN

TRACK, CROSS COUNTRY

EMERGENCY PERSONNEL: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

EMERGENCY COMMUNICATION: Cell phones provided by the certified athletic trainers or coaches will be used.

EMERGENCY EQUIPMENT: First aid supplies (athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces). The crutches, braces, and immobilizers can be found in the athletic training room located in the Elmore Gym Training Room. Epipens are located in the training room, or in the athletic trainer's kit. The automatic defibrillator is located in Elmore Gymnasium on the stage or on football practice field during football practice.

ROLES OF EMERGENCY CARE TEAM MEMBERS:

1. Immediate care/assessment of injured/ill student-athlete.
2. Emergency equipment retrieval (appropriate for the emergency)
3. Activate the emergency medical system by calling 372-5555.
 - a. Identify yourself and your role in the emergency.
 - b. Specify the location and telephone number you are calling from
 - c. Give name of injured individual and approximate age.
 - d. Give the condition of the victim
 - e. Give an approximate time of the incident/accident
 - f. Tell the care that is being provided
 - g. Give specific directions to the Track. HEMSI (make right on Memorial Pkwy N, make right on Industrial Drive (first right past football stadium), make first right before soccer field. Follow road to track. Open appropriate gate (wide gate at front of track if possible)
 - i. Assign an individual (a coach, assistant coach, student trainer, other member of the team) to "flag down" EMS and direct them to the scene.

STORM SAFETY LOCATION: In the event of severe weather or lightening, evacuate all athletes and coaches to Elmore Gymnasium until weather permits returning to Track. Visiting teams may choose to take shelter on their bus or in their vehicles until weather permits return to activity. **The shed located at the track is not a safe storm location.** In the event of a campus lock down due to **criminal activity**, all athletes are to report to their locker rooms until the all clear signal is given by campus security or another university official.

EMERGENCY PHONE NUMBERS

EMERGENCY NUMBER: 911

UNIVERSITY POLICE: 372-5555

TEAM PHYSICIAN: DR. GRECO 256-539-2728

DR. DAVIS: 256-539-2728

SPORTS MEDICINE STAFF

JESSIE ZUCNICK, HEAD ATHLETIC TRAINER- 256-507-4742

MICHAEL DYE, ASSISTANT ATHLETIC TRAINER-561-352-0448

Bryson Moore, GRADUATE ASSISTANT- 435-817-5866

***Nicole Walkup, Track/Cross Country GRADUATE ASSISTANT-402-745-0144**

LAUREN SELF, GRADUATE ASSISTANT-205-613-2263

AISHA RUSSELL, GRADUATE ASSISTANT-410-322-6085

AARON ELLIS, GRADUATE ASSISTANT-443-413-9999

ATHLETIC TRAINING ROOM- 256-372-4011

*Denotes staff member most likely at this location.

On Field Emergency Protocol

Guidelines to Use During a Serious On-Field Player Injury:

These guidelines have been recommended for National Football League (NFL) officials and have been shared with NCAA championships staff.

1. Players and coaches should go to and remain in the bench area once medical assistance arrives. Adequate lines of vision between the medical staffs and all available emergency personnel should be established and maintained.
2. Players, parents and non-authorized personnel should be kept a significant distance away from the seriously injured player or players.
3. Players or non-medical personnel should not touch, move or roll an injured player.
4. Players **should not** try to assist a teammate who is lying on the field (i.e., removing the helmet or chin strap, or attempting to assist breathing by elevating the waist).
5. Players **should not** pull an injured teammate or opponent from a pile-up.
6. Once the medical staff begins to work on an injured player, they should be allowed to perform services without interruption or interference.
7. Players and coaches should avoid dictating medical services to the athletic trainers or team physicians or taking up their time to perform such services.

Conclusion

The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on how well trained and prepared athletic healthcare providers are. It is prudent to invest athletic department "ownership" in the emergency plan by involving the athletic administration and sport coaches as well as Sports Medicine Personnel. The Emergency plan should be reviewed at least once a year with all athletic personnel, along with CPR and first aid refresher training. Through development and implementation of the emergency plan, the athletic association helps ensure that the athlete will have the best care provided when an emergency situation does arise.

